## **Allergy Information Update**

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. We are writing to update you regarding important allergy information relevant to upcoming sports activities.

Please be informed that [Child's Name] has the following allergies:

- [Allergy 1]
- [Allergy 2]
- [Allergy 3]

It is crucial for the safety of [Child's Name] that the coaches and staff are aware of these allergies. We kindly request that the following measures be taken:

- 1. Ensure no exposure to [Allergen 1] during practice and games.
- 2. Provide emergency assistance in case of an allergic reaction.
- 3. Inform all participants about [Child's Name]'s allergies.

If you have any questions or need further information, please feel free to contact me at [Your Phone Number] or [Your Email Address].

Thank you for your attention to this important matter.

Sincerely,

[Your Name] [Your Position, if applicable] [Your Contact Information]