

Patient Health Review Preparation Advice

Date: [Insert Date]

Dear [Patient's Name],

As you prepare for your upcoming health review appointment, here are some important tips to help you make the most of your visit:

- **Gather Your Medical History:** Please collect any relevant medical records, test results, and information about past treatments.
- **List Your Current Medications:** Include prescriptions, over-the-counter drugs, and supplements you are currently taking.
- **Note Your Symptoms:** Write down any symptoms or health concerns you have experienced, even if they seem minor.
- **Prepare Questions:** Think of questions you would like to ask during the appointment regarding your health, treatment options, or lifestyle changes.
- **Bring a Support Person:** Consider bringing a family member or friend for support and to help remember the information shared.

Your health is important to us, and we want to ensure you have a productive visit. If you have any questions before your appointment, please do not hesitate to reach out.

Looking forward to seeing you soon!

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]