

You're Invited!

Dear [Recipient's Name],

We are excited to invite you to our upcoming Senior Wellness Workshop designed especially for you! Join us for a day filled with informative sessions, fun activities, and opportunities to connect with fellow seniors.

Event Details:

Date: [Date]

Time: [Start Time] - [End Time]

Location: [Venue Name & Address]

What to Expect:

- Health and Nutrition Tips
- Exercise Demonstrations
- Mental Wellness Activities
- Social Engagement Opportunities

Please RSVP by [RSVP Date] to confirm your attendance.

We look forward to seeing you there!

Sincerely,

[Your Name]

[Your Title]

[Your Organization]

[Contact Information]