

Dear Friends,

I hope this message finds you all in great health! I was thinking that it might be beneficial for us to schedule a joint health checkup.

How about we aim for **[Proposed Date]** at **[Proposed Time]**? We could go to **[Healthcare Provider/Clinic Name]**, which I hear offers a great package for group checkups.

Please let me know your availability and if this date works for everyone. It will be a good opportunity not just for our health, but also to catch up and have some fun together!

Looking forward to your responses!

Best regards,
[Your Name]