Letter of Intent to Join Health Coaching Program

Date: [Insert Date]

[Your Name] [Your Address] [City, State, Zip Code] [Your Email Address] [Your Phone Number]

[Recipient's Name] [Health Coaching Program Name] [Program Address] [City, State, Zip Code]

Dear [Recipient's Name],

I am writing to express my intent to join the [Health Coaching Program Name]. After researching various programs, I believe that your approach aligns perfectly with my goals of improving my health and well-being.

Throughout my journey towards a healthier lifestyle, I have encountered various challenges, and I am eager to gain the guidance and support that your program offers. I am particularly interested in [specific aspects of the program] and how they can help me achieve my health objectives.

Thank you for considering my application. I look forward to the opportunity to join your esteemed program and begin this transformative journey.

Sincerely,

[Your Name]