

Support Resources for Your Recuperation

Dear [Patient's Name],

As you prepare for your orthopedic surgery, we want to ensure that you have the necessary resources and support for a smooth and successful recovery. Below is a list of valuable contacts and resources:

Medical Support

- **Surgeon's Office:** [Surgeon's Name], [Phone Number]
- **Physical Therapy:** [Therapist's Name], [Phone Number], [Location]

Home Care Assistance

- **Home Health Care Services:** [Agency Name], [Phone Number]
- **Meal Delivery Services:** [Service Name], [Phone Number]

Emotional Support

- **Support Groups:** [Group Name], [Contact Info]
- **Counseling Services:** [Counselor's Name], [Phone Number]

Transportation Services

Consider arranging transportation for follow-up appointments:

- **Local Taxi Services:** [Company Name], [Phone Number]
- **Rideshare Options:** [Uber/Lyft information]

We encourage you to reach out to these resources as needed, and remember that support from family and friends can be invaluable during your recovery process.

Wishing you a successful surgery and a smooth recovery.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]