

At-Home Care Instructions Following Orthopedic Surgery

Dear [Patient's Name],

We are pleased to inform you that your recent orthopedic surgery was successful. To ensure a smooth recovery, please follow these at-home care instructions:

1. Medication Management

- Take prescribed medications as directed.
- Monitor for any side effects and report them to your physician.

2. Wound Care

- Keep the surgical site clean and dry.
- Change the dressings as instructed.
- Look for signs of infection (redness, swelling, increased pain, or drainage).

3. Physical Activity

- Avoid putting weight on the affected area until cleared by your physician.
- Engage in light activities as tolerated and recommended.

4. Follow-Up Appointments

Please schedule a follow-up appointment within [number] days after surgery to monitor your recovery.

5. When to Seek Help

If you experience severe pain, excessive bleeding, or any other concerning symptoms, please contact our office immediately at [phone number].

We wish you a speedy recovery!

Best regards,

[Your Doctor's Name]
[Your Practice Name]
[Contact Information]