

Rebooking Nutrition Counseling Appointment

Dear [Counselor's Name],

I hope this message finds you well. I am writing to reschedule my nutrition counseling appointment originally set for [original date and time]. Due to [reason for rescheduling], I am unable to attend at that time.

I would like to propose a new date and time for my appointment. Would [new date and time] work for you? If not, please let me know your availability and I will do my best to accommodate.

Thank you for your understanding and flexibility. I look forward to our session and the guidance you provide.

Best regards,

[Your Name]

[Your Contact Information]