

**Dear [Client's Name],**

I hope this message finds you well. I am writing to inform you that, due to [reason for postponement], I will need to postpone our upcoming nutrition counseling session originally scheduled for [original date and time].

I apologize for any inconvenience this may cause and appreciate your understanding. Please let me know your availability for rescheduling, and I will do my best to accommodate you.

Thank you for your patience, and I look forward to continuing our work together.

Best regards,

[Your Name]

[Your Title/Position]

[Your Contact Information]