Subject: Modification of Nutrition Counseling Session Date

Dear [Client's Name],

I hope this message finds you well. I am writing to inform you that we need to modify the date of your upcoming nutrition counseling session originally scheduled for [Original Date].

We would like to propose rescheduling your appointment to [New Proposed Date]. Please let us know if this date works for you or if you would prefer another time.

Thank you for your understanding and flexibility. Looking forward to hearing from you soon.

Best regards,

[Your Name] [Your Title] [Your Organization] [Contact Information]