Nutrition Counseling Appointment Change

Dear [Client's Name],

I hope this message finds you well. I am writing to inform you that there has been a change in your scheduled nutrition counseling appointment.

Your appointment originally set for [original date and time] will now be held on [new date and time]. I applicate for any inconvenience this may cause and appreciate your understanding.

Please confirm your availability for the new date and time. If this does not work for you, feel free to suggest an alternative that suits you better.

Thank you for your flexibility. I look forward to our session.

Best regards,

[Your Name]
[Your Title]
[Your Contact Information]