Date: [Insert Date]

[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number]

[Recipient's Name] [Recipient's Position] [Organization Name] [Organization Address] [City, State, Zip Code]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to formally request participation in the upcoming substance abuse healing sessions organized by [Organization Name]. I have recognized the importance of addressing substance use in my life, and I believe that these sessions would provide invaluable support and guidance.

Having struggled with [briefly describe your substance abuse issue if comfortable], I am eager to engage in a structured environment that promotes healing and recovery. I am particularly interested in the holistic approach your program offers and how it aligns with my personal goals.

Please let me know the necessary steps to enroll in these sessions, including any required documentation or assessments. I am committed to taking positive steps towards my recovery, and I appreciate your consideration of my request.

Thank you for your time and assistance. I look forward to your positive response.

Sincerely,

[Your Name]