# **Diabetic Care Plan Review**

Patient Name: [Patient's Name]

Date of Review: [Date]

#### **Progress Summary**

During this review, we have assessed the following:

- Current Blood Sugar Levels: [Insert levels]
- Weight: [Insert weight]
- Dietary Habits: [Summary of dietary habits]
- Physical Activity: [Summary of physical activity]

### **Goals Set**

Based on the assessment, the following goals have been established:

- Goal 1: [Insert goal]
- Goal 2: [Insert goal]
- Goal 3: [Insert goal]

## **Action Steps**

Please follow these action steps to help achieve your goals:

- 1. Action Step 1: [Description]
- 2. Action Step 2: [Description]
- 3. Action Step 3: [Description]

#### **Next Review Date**

The next review will be scheduled for: [Date]

## **Contact Information**

If you have any questions or concerns, please contact: [Healthcare Provider's Name and Contact Info]

Thank you for your commitment to managing your diabetes.