Dear [Patient's Name],

We hope this message finds you well. We are writing to inform you that due to [reason for rescheduling], we need to reschedule your upcoming chronic pain management session originally scheduled for [original date and time].

We sincerely apologize for any inconvenience this may cause. We would like to propose the following alternative dates and times for your session:

- [Option 1: Date and Time]
- [Option 2: Date and Time]
- [Option 3: Date and Time]

Please let us know which option works best for you, or feel free to suggest another time if none of the above are suitable. Your health and comfort are our top priority, and we look forward to continuing your care.

Thank you for your understanding.

Best regards,
[Your Name]
[Your Position]
[Clinic/Practice Name]
[Contact Information]