

Chronic Pain Management Session Pre-Appointment Instructions

Dear [Patient's Name],

Thank you for scheduling your upcoming appointment with our Chronic Pain Management team. To ensure a productive session, please follow the instructions below:

Pre-Appointment Instructions:

- **Medication List:** Please bring a list of all medications you are currently taking, including dosages and frequency.
- **Pain Diary:** Keep a diary of your pain levels, triggers, and any relief measures that have worked for you over the past week.
- **Medical History:** Be prepared to discuss your medical history and any previous treatments for pain management.
- **Questions:** Write down any questions or concerns you would like to address during the session.
- **Arrival Time:** Arrive at least 15 minutes early to complete any necessary paperwork.

If you have any questions before your appointment, feel free to contact our office at [Office Phone Number].

We look forward to seeing you soon.

Sincerely,

[Your Name]

[Your Title]

[Clinic Name]

[Contact Information]