

# Invitation to Participate in Our Workplace Health Program

Dear [Employee's Name],

We are excited to announce the launch of our Workplace Health Program aimed at promoting health and wellness among our employees. Your well-being is our top priority, and we believe that participating in this program will provide valuable resources and support to lead a healthier lifestyle.

The program will include:

- Health screenings
- Fitness challenges
- Nutritional workshops
- Wellness coaching

We invite you to join us for an introductory meeting on [Date] at [Time] in [Location]. During this meeting, we will share further details about the program and answer any questions you may have.

Please RSVP by [RSVP Date] to confirm your attendance.

We hope you can join us in making our workplace healthier and happier!

Best regards,

[Your Name]

[Your Position]

[Company Name]