

Maternity Care Schedule for [Mother's Name]

Dear Family,

We are happy to share the schedule for the upcoming maternity care as we prepare for the arrival of [Baby's Name]. Your support is invaluable during this time. Below is the breakdown of the care schedule:

Week 1: Preparation

- **Date:** [Date]
- **Activity:** Assemble baby essentials.
- **Support Needed:** Grocery shopping for essential items.

Week 2: Postpartum Care

- **Date:** [Date]
- **Activity:** Help with household chores.
- **Support Needed:** Meal preparation for the family.

Week 3: Visitor Coordination

- **Date:** [Date]
- **Activity:** Coordinate visits from friends and family.
- **Support Needed:** Manage the schedule to avoid overwhelm.

Thank you for your love and support during this special time for our family. Please feel free to reach out with any questions or additional ways you would like to contribute.

Sincerely,
[Your Name]