

# Fitness Assessment Confirmation

Date: [Insert Date]

Dear [Student's Name],

We are pleased to inform you that your fitness assessment for the academic year [Insert Academic Year] has been confirmed. Below are the details of your assessment:

## Assessment Details

**Date:** [Insert Assessment Date]

**Time:** [Insert Assessment Time]

**Location:** [Insert Location]

Please ensure that you arrive 15 minutes early to allow for a warm-up. Bring appropriate attire and water to stay hydrated during the assessment.

If you have any questions or concerns, feel free to reach out to us at [Insert Contact Information].

We look forward to seeing you and wish you the best of luck in your fitness assessment!

Sincerely,

[Your Name]

[Your Title]

[Institution Name]