Dietary Consultation Appointment Inquiry

Dear [Dietitian's Name],

I hope this message finds you well. My name is [Your Name], and I am interested in scheduling a dietary consultation. I would like to discuss my current eating habits and explore potential improvements to align with my health goals.

Could you please provide me with your available appointment times? I am looking forward to your guidance and expertise.

Thank you for your assistance!

Best regards,
[Your Name]
[Your Contact Information]