Dietary Consultation Appointment Cancellation

Dear [Dietitian's Name],

I hope this message finds you well. I am writing to inform you that I need to cancel my dietary consultation appointment scheduled for [Date] at [Time].

Due to [reason for cancellation, if comfortable sharing], I am unable to attend. I apologize for any inconvenience this may cause and appreciate your understanding.

I would like to reschedule the appointment for a later date. Please let me know your availability, and I will do my best to accommodate.

Thank you for your understanding.

Sincerely,

[Your Name]

[Your Contact Information]