

Outpatient Procedure Preparation Steps

Dear [Patient's Name],

We are writing to provide you with important information regarding your upcoming outpatient procedure scheduled for [Date]. Please review the following preparation steps to ensure a smooth experience:

Preparation Steps:

1. **Follow Dietary Instructions:** Please do not eat or drink anything after midnight the night before your procedure.
2. **Medications:** Continue taking your regular medications unless instructed otherwise by your healthcare provider. If you are on blood thinners, please consult with us prior to the procedure.
3. **Arrange Transportation:** You will not be able to drive yourself home after the procedure. Please arrange for a responsible adult to accompany you.
4. **Clothing:** Wear loose, comfortable clothing and leave any jewelry at home.
5. **Arrival Time:** Please arrive at least [X] minutes prior to your scheduled time.

If you have any questions or concerns, feel free to contact our office at [Office Phone Number]. We are here to assist you.

Thank you for your attention to these details.

Sincerely,
[Your Name]
[Your Title]
[Healthcare Facility Name]