

# Physical Therapy Progress Update

**Date:** [Insert Date]

**Patient Name:** [Insert Patient Name]

**Patient ID:** [Insert Patient ID]

**Physical Therapist:** [Insert Therapist Name]

**Facility Name:** [Insert Facility Name]

## Progress Summary

[Insert a brief summary of the patient's progress since the last session, including improvements in strength, mobility, and any other relevant measures.]

## Goals Achieved

- [List specific goals that have been achieved]
- [List additional goals if applicable]

## Current Treatment Plan

[Describe the ongoing treatment plan, including any changes in exercises or modalities being used.]

## Next Steps

[Outline the next steps in the patient's treatment, including any upcoming appointments or goals to work towards.]

**Physical Therapist Signature:** \_\_\_\_\_