

# Referral for Therapeutic Intervention

Date: [Insert Date]

To Whom It May Concern,

I am writing to refer [Client's Name], a [Client's Age]-year-old [gender/identity, if applicable], for therapeutic intervention. [Client's Name] has been experiencing [briefly describe the issues or symptoms], which have impacted [his/her/their] daily functioning and overall well-being.

Despite [any interventions or treatments already attempted, if applicable], [Client's Name] continues to struggle with [specific issues]. I believe that therapeutic intervention would provide [him/her/them] with the support needed to navigate these challenges effectively.

I recommend considering [specific type of therapy or therapist, if known], as I believe this approach will benefit [Client's Name]. I trust that your expertise will offer [him/her/them] the necessary strategies and tools to progress towards improved mental health.

Please feel free to contact me at [Your Phone Number] or [Your Email] should you require any further information.

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Title]

[Your Organization]

[Your Contact Information]