

Letter of Recommendation

Date: [Insert Date]

To Whom It May Concern,

I am writing to recommend [Client's Name], who has been under my care for psychological support since [Start Date]. During this time, I have witnessed significant progress in their mental health and well-being.

[Client's Name] has demonstrated resilience and a commitment to therapy, making strides in overcoming personal challenges. Their willingness to engage in therapeutic activities and openness to feedback has been commendable.

It is my professional opinion that [Client's Name] would greatly benefit from continued psychological support, as it will further assist them in developing coping strategies and addressing any remaining issues.

If you require any further information or clarification regarding [Client's Name]'s progress, please feel free to contact me at [Your Phone Number] or [Your Email Address].

Sincerely,

[Your Name]

[Your Title/Position]

[Your Institution/Organization]

[Your Contact Information]