Dear [Patient's Name],

We hope this message finds you well!

This is a friendly reminder that it is time for your annual physical exam. Regular check-ups are important for maintaining your health and catching any potential issues early.

Your last exam was on [Last Exam Date], and we recommend scheduling your next appointment within the next month.

Please contact our office at [Office Phone Number] or visit our website at [Office Website] to schedule your appointment.

Thank you for choosing [Medical Practice Name] for your healthcare needs. We look forward to seeing you soon!

Sincerely,
[Your Name]
[Your Title]
[Medical Practice Name]