

Adventure Race Updates and Reminders

Dear Adventure Racers,

We hope you are as excited as we are for the upcoming adventure race! Here are some important updates and reminders to ensure your experience is thrilling and safe:

Event Details

- **Date:** Saturday, October 14, 2023
- **Location:** Mountain Trail Park, 123 Adventure Lane
- **Check-in Time:** 7:00 AM - 8:30 AM

Reminders

1. Don't forget to bring your race waiver and ID for check-in.
2. Wear appropriate clothing and gear for the race conditions.
3. Stay hydrated! Bring enough water to keep you energized throughout the race.
4. Check the weather forecast and be prepared for changes.

Pre-Race Meeting

Join us for a pre-race meeting on **Friday, October 13, 2023, at 6:00 PM** at the main park pavilion. We will go over race rules, safety tips, and last-minute questions.

Thank you for being a part of our adventure race community! We can't wait to see you at the start line!

Best,

The Adventure Race Team