

Cycling Race Safety Guidelines

Date: [Insert Date]

Dear Participants,

We are excited to welcome you to the upcoming Cycling Race scheduled on [Insert Date] at [Insert Location]. To ensure the safety of all participants and volunteers, please adhere to the following safety guidelines:

1. Helmets

All participants are required to wear a properly fitted helmet at all times during the race.

2. Bicycle Maintenance

Ensure your bicycle is in good working condition. Check brakes, tires, and gears before the race.

3. Obey Traffic Laws

Riders must obey all traffic signs and signals. Be aware of your surroundings at all times.

4. Ride in Control

Maintain a safe distance from other riders and do not weave in and out of traffic.

5. Emergency Contacts

Keep emergency contact information on you during the race.

6. Hydration and Nutrition

Stay hydrated and bring nutrition supplies. There will be hydration stations along the route.

Thank you for your cooperation. We wish you a safe and enjoyable race!

Sincerely,

[Your Organization Name]

[Contact Information]