

# Adventure Camp Safety Guidelines for Guardians

Dear Guardians,

As we prepare for an exciting adventure camp experience, we want to ensure the safety and well-being of all participants. Please review the following safety guidelines:

## General Safety

- Ensure your child wears appropriate clothing and sturdy footwear suitable for outdoor activities.
- Encourage your child to stay with their group at all times.
- Remind your child to listen to the camp leaders and follow instructions carefully.

## Health and Hygiene

- Inform us of any allergies or medical conditions your child may have.
- Ensure your child brings necessary medications, if any, clearly labeled with instructions.
- Encourage regular hand washing and hygiene practices.

## Emergency Procedures

- In case of severe weather, participants will be brought to a safe indoor location.
- Emergency contact numbers will be provided to all parents/guardians before departure.
- Parents will be notified immediately if any serious incident occurs.

Thank you for your cooperation in ensuring a safe and enjoyable experience for all campers. Please feel free to contact us with any questions or concerns.

Sincerely,

The Adventure Camp Team