

Cooking Competition Rules and Guidelines

Dear Participants,

We are excited to welcome you to the annual Cooking Competition! Please read the following rules and guidelines carefully to ensure a smooth and enjoyable experience for everyone involved.

Competition Details:

- **Date:** [Insert Date]
- **Time:** [Insert Time]
- **Location:** [Insert Location]

Participant Eligibility:

All participants must be [insert age/qualification criteria].

Competition Format:

The competition will consist of [insert number] rounds:

- Round 1: [Description of Round 1]
- Round 2: [Description of Round 2]
- Final Round: [Description of Final Round]

Judging Criteria:

Dishes will be judged based on the following criteria:

- Taste - 40%
- Presentation - 30%
- Creativity - 30%

Rules and Regulations:

1. All ingredients must be prepared on-site.
2. Participants must adhere to the designated cooking time.
3. No outside help is allowed during the competition.
4. Contestants should follow all health and safety guidelines.

Prizes:

The winners will receive [insert prize details].

We look forward to seeing your culinary skills shine! If you have any questions, please feel free to reach out.

Best of luck,

[Your Organization Name]