

Welcome to Serenity Meditation Retreat

Dear [Participant's Name],

We are pleased to provide you with the details regarding your upcoming meditation retreat.

Retreat Location

Address: 123 Peaceful Lane, Tranquility City, TC 12345

Contact Number: (555) 123-4567

Directions

To reach our retreat center, you may follow these directions:

- From Main Street, turn onto Serenity Blvd.
- Continue straight for 2 miles.
- Turn left onto Peaceful Lane, and the destination will be on your right.

Check-in Details

Please arrive between 3 PM and 5 PM on [Start Date] for check-in. Our team will be there to welcome you.

What to Bring

We recommend bringing the following items:

- Comfortable clothing
- Yoga mat
- Personal journal
- Water bottle

If you have any questions, feel free to reach out to us at info@serenityretreat.com.

We look forward to sharing this transformative experience with you!

Warm regards,

The Serenity Meditation Retreat Team