

Dear [Participant's Name],

We hope this message finds you well. Thank you for joining our recent meditation retreat! We trust that you found the experience enriching and transformative.

Your feedback is invaluable to us, and we would love to hear your thoughts about the retreat. Please take a few moments to share your insights on the following:

- What did you enjoy most about the retreat?
- Were there any aspects that you felt could be improved?
- How did the retreat impact your meditation practice?
- Any additional comments or suggestions?

Please reply to this email by [insert deadline date] to help us enhance future retreats. Your input will greatly assist us in providing a more enriching experience for all participants.

Thank you once again for being a part of our community!

Warm regards,

[Your Name]

[Your Title/Organization]

[Contact Information]