

Exciting News! New Fitness Classes Coming to Our Studio!

Dear Valued Member,

We are thrilled to announce the launch of our new fitness classes designed to inspire and motivate you on your wellness journey! Starting next month, we will be offering the following classes:

Class Schedule:

- **Yoga Flow:** Mondays at 6:00 PM
- **HIIT Blast:** Wednesdays at 7:00 PM
- **Zumba Dance Party:** Fridays at 5:30 PM
- **Strength Training for All:** Saturdays at 9:00 AM

Please visit our website to reserve your spot in these classes, as space is limited. We can't wait to see you there!

Best regards,

The Fitness Studio Team