Dear [Alumni Name],

I hope this message finds you well. I wanted to take a moment to express my heartfelt thanks for the invaluable career guidance you provided during our recent meeting.

Your insights into the industry and the tips you shared about navigating the job market were incredibly helpful. I especially appreciated your advice on [specific advice or topic discussed], which has given me a new perspective moving forward.

Thank you once again for your time and support. I feel more confident and prepared as I embark on my career path, and I am grateful to have had the opportunity to learn from your experiences.

Warm regards,
[Your Name]
[Your Contact Information]