Letter of Gratitude for Emotional Support

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to express my heartfelt gratitude for the emotional support you have provided me during [specific time or circumstance]. Your kindness and understanding have made a significant difference in my life.

During those challenging moments, knowing that I could rely on you was a great comfort. Your ability to listen without judgment and offer words of encouragement helped me navigate through my struggles. It truly meant the world to me.

Thank you for being such a wonderful friend and for always being there when I needed someone to lean on. I am incredibly grateful for your presence in my life.

With all my appreciation,

[Your Name]