Dear [Name],

I hope this message finds you well. I wanted to take a moment to express my heartfelt appreciation for the immense emotional support you provided during my recent move.

Your presence and encouragement made a challenging process so much easier. Whether it was lending a listening ear or helping me stay optimistic, you truly made a difference.

I am so grateful for your friendship and support. Thank you for being there for me during this transition.

With warm regards, [Your Name]