Dear [Recipient's Name],

I hope this letter finds you well. I am writing to you today with a heartfelt request for assistance regarding my current healthcare costs. As you may know, I have been facing significant health challenges, and the financial burden of medical expenses has become overwhelming.

Despite my best efforts to manage these costs, including [mention any relevant information about insurance coverage or financial planning], I find myself in need of support to continue receiving the essential care that I require.

I am reaching out to seek your assistance in any capacity you can provide. Whether it be guidance on resources available, help navigating financial aid options, or even a direct contribution, any support would mean the world to me and my family during this difficult time.

I sincerely appreciate any help you can offer and thank you for taking the time to read my letter. Please feel free to contact me at [your phone number] or [your email address] if you would like to discuss this matter further.

Thank you once again for your consideration.

Warm regards,

[Your Name] [Your Address] [City, State, Zip Code]