Date: [Insert Date]

[Your Name]
[Your Address]
[City, State, Zip Code]
[Your Email]
[Your Phone Number]

[Manager's Name] [Company's Name] [Company's Address] [City, State, Zip Code]

Dear [Manager's Name],

I am writing to formally resign from my position at [Company's Name], effective [Last Working Day, typically two weeks from the date above]. This decision follows a year of personal exploration and reflection that has led me to conclude that it is time for me to pursue new challenges and opportunities.

I am incredibly grateful for the support and guidance I have received during my time here. Working alongside such talented individuals has been a truly enriching experience, and I will carry the lessons learned with me as I move forward.

Please let me know how I can assist during the transition period. I hope to leave my responsibilities in a condition that ensures the continued success of the team.

Thank you once again for the opportunities and support.

Sincerely, [Your Name]