

Fitness Trainer Service Agreement

Date: [Insert Date]

Client Name: [Insert Client Name]

Address: [Insert Client Address]

Trainer Name: [Insert Trainer Name]

Trainer Address: [Insert Trainer Address]

Agreement Overview

This agreement outlines the terms and conditions of the fitness training services provided by [Trainer Name] (hereafter referred to as "Trainer") to [Client Name] (hereafter referred to as "Client").

Services Provided

The Trainer agrees to provide the following services to the Client:

- Personal training sessions
- Fitness assessment and goal setting
- Nutrition guidance (if applicable)
- Progress tracking

Payment

The Client agrees to pay the Trainer a fee of [Insert Amount] per session/package. Payment is due [Insert Payment Terms, e.g. before each session, weekly, monthly].

Cancellation Policy

Sessions can be canceled with [Insert Notice Period] notice. Sessions canceled without proper notice will incur a charge.

Liability Waiver

The Client acknowledges the inherent risks associated with physical fitness training and agrees to waive any liability against the Trainer.

Signature

By signing below, both parties agree to the terms outlined in this agreement.

Client Signature: _____ **Date:** _____

Trainer Signature: _____ **Date:** _____