## **Fitness Trainer Approval Request**

Date: [Insert Date]
To,
[Recipient Name]
[Recipient Title]
[Company/Organization Name]
[Address]
Dear [Recipient Name],
I hope this message finds you well. I am writing to formally request approval for my current fitness trainer, [Trainer's Name], to conduct training sessions for [specify purpose, e.g., personal training, fitness classes] within our organization.
[Trainer's Name] holds [mention certifications and qualifications] and has extensive experience in [mention relevant experience or specialties]. I believe that their expertise will greatly benefit our team and promote a healthier lifestyle among employees.
Please let me know if you need any further information or documentation to process this request I look forward to your positive response.
Thank you for considering my request.
Sincerely,
[Your Name]
[Your Title]
[Your Contact Information]