Dear [Manager's Name],

I hope this message finds you well. I am writing to discuss my current internship stipend and explore the possibility of alignment with market standards.

As an intern in [Department/Team Name], I have gained significant experience and contributed to various projects, including [specific projects or contributions]. After researching industry benchmarks for similar roles, I found that the average stipend ranges from [range of stipend] per month.

I would greatly appreciate the opportunity to discuss my stipend further and explore options that reflect my contributions and alignment with market standards.

Thank you for your consideration, and I look forward to your response.

Best regards,
[Your Name]
[Your Contact Information]