

Recognition of Wellness Activity Participation

Date: [Insert Date]

To: [Recipient's Name]

From: [Your Name]

Subject: Recognition for Your Commitment to Wellness

Dear [Recipient's Name],

We would like to take this opportunity to recognize and commend you for your dedication to engaging in wellness activities. Your commitment to maintaining a healthy lifestyle not only benefits you but also encourages others in our community to prioritize their well-being.

Participating in activities such as [list specific activities, e.g., yoga classes, group runs, mindfulness sessions], demonstrates your proactive approach to health and wellness. Your enthusiasm and participation set a positive example for your peers.

Thank you once again for your engagement and for being a significant part of our wellness initiative. We appreciate your efforts and look forward to seeing your continued participation in our programs.

Warm regards,

[Your Name]

[Your Position]

[Your Organization]