Dear [Family Member's Name],

I was heartbroken to hear about the passing of [Name of the deceased]. Please know that my thoughts and prayers are with you during this incredibly difficult time.

Grief can feel overwhelming, and it's important to allow yourself to feel whatever emotions come your way. Remember that you are not alone; I am here for you whenever you need to talk, cry, or just sit in silence together.

If there's anything specific I can do to support you--maybe running errands, cooking a meal, or simply keeping you company--please don't hesitate to let me know.

Take all the time you need to heal, and cherish the beautiful memories you shared with [Name of the deceased]. I'm sending you all my love and strength.

With deepest sympathy,

[Your Name]