[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Manager's Name] [Company's Name] [Company's Address] [City, State, Zip Code]

Dear [Manager's Name],

I hope this message finds you well. I am writing to formally inquire about the possibility of modifying my working hours to better achieve a work-life balance. I believe that with a flexible schedule, I would be able to enhance my productivity and overall job satisfaction.

I would appreciate the opportunity to discuss potential arrangements that would work for both myself and the team. Thank you for considering my request. I look forward to your response.

Sincerely, [Your Name]