Dear [Mentor's Name],

I hope this message finds you well. I am writing to express my heartfelt gratitude for the invaluable guidance and support you have provided me throughout my journey.

Your mentorship has not only helped me develop my skills but has also instilled a confidence in me that I didn't realize I possessed. Your advice on [specific advice or experience] has been particularly impactful, and I carry it with me in everything I do.

Thank you for dedicating your time and wisdom to my growth. I am incredibly fortunate to have had you as a mentor, and I hope to carry forward the lessons I've learned from you in my career.

Warm regards,

[Your Name]

[Your Contact Information]