Follow-Up on Internship Application

Dear [Recipient's Name],

I hope this message finds you well. I am writing to follow up on my application for the [Internship Position Title] that I submitted on [Submission Date]. I am very enthusiastic about the opportunity to join [Company Name] and contribute to your team.

During the application process, I have been reflecting on my skills and experiences, and I believe that my background in [Your Field/Area of Expertise] would allow me to make a meaningful contribution to your organization.

I would be grateful if you could provide me with an update regarding the status of my application. Thank you for your time and consideration. I look forward to the possibility of discussing this exciting opportunity with you.

Sincerely,

[Your Name] [Your Phone Number] [Your Email Address]