

Dear [Meditation Circle Name] Members,

I hope this message finds you well. It is with a heavy heart that I write to inform you of my decision to leave the meditation circle.

My time with all of you has been incredibly enriching and transformative. I have learned so much about mindfulness, peace, and the importance of community. However, due to [personal reasons/commitments], I feel it's necessary for me to step away at this time.

I will always cherish the moments we shared and the connections we formed. Thank you for your support and companionship throughout my journey.

Wishing you all continued peace and growth on your meditation paths.

Warm regards,
[Your Name]