

Dear [Participant's Name],

We hope this message finds you well. As we come to the conclusion of our support group sessions, we wanted to take a moment to express our sincere gratitude for your involvement.

Your openness and willingness to share your experiences have greatly contributed to the positive environment we aimed to cultivate. We commend your courage and commitment to personal growth.

Although our sessions are concluding, we encourage you to keep the connections you've made and continue supporting one another. Remember, the skills you've learned and the friendships you've built can last well beyond these meetings.

If you have any questions or need support in the future, please feel free to reach out to us.

Thank you once again for being a part of our community. We wish you the very best on your journey ahead.

Warm regards,
[Your Name]
[Your Position]
[Support Group Name]