

Dear Family,

As I prepare to say goodbye for now, I wanted to take a moment to express how much you all mean to me. These past few months have been incredibly tough, and I know we've faced challenges that felt almost insurmountable.

Though I must go, please remember that I carry each of you in my heart. I am proud of how we've supported one another through thick and thin, and it gives me strength as I embark on this next chapter.

During these hard times, remember to lean on each other and stay strong. Talk to one another, and share your feelings; we are all in this together. My love and support remain, no matter the distance.

I believe in each of you, and I know brighter days are ahead. Please take care of yourselves and one another. I look forward to reuniting and hearing all about the progress you're making.

With all my love,

Your [relation, e.g., son/daughter/brother/sister]