Dear [Friend's Name],

I hope this message finds you well. I am writing to express my heartfelt thanks for the invaluable assistance you provided me during [specific situation or project]. Your support truly made a difference.

Not only did you offer your time and resources, but your encouragement and advice helped me navigate through challenges I faced. I am incredibly grateful for your friendship and unwavering support.

Thank you once again for being there for me. I truly appreciate everything you have done.

Warm regards,

[Your Name]