Dear [Facilitator's Name],

I hope this message finds you well. I am writing to express my heartfelt gratitude for the incredible support and guidance you have provided to our group.

Your dedication, empathy, and insights have made a significant difference in my journey. The safe space you create allows us to share openly and grow together. I truly appreciate the time and effort you invest in each session.

Thank you once again for being such an inspiring facilitator. Your passion for helping others is truly commendable.

Sincerely,

[Your Name]